

CPR Training

CPR Training Learning CPR is easier and faster than ever since the release of the 2005 International Guidelines for CPR training, with which all of our programs are consistent. We offer courses for Professional Rescuers and Healthcare Providers as well as for Lay Rescuers and those wishing to learn the skills for personal knowledge. Please select from the menu bar above for which level course you are seeking information.

National Safety Council's CPR & AED The CPR segment teaches the principles of basic life support through video self instruction. You'll learn how to assess the scene of an emergency, perform one-rescuer CPR and rescue breathing and manage a choking victim. The student workbook includes a skills demonstration DVD for retention or home use. The AED portion of the program details key operating characteristics of AEDs and shows you proper precautions and maintenance techniques. It also includes guidelines for meeting the state Public Access Defibrillation (PAD) laws. American Heart

Association's HeartSaver AED The Heartsaver AED Course includes the following components:
 Assessment of Emergency Scene
 Adult, Child and Infant CPR
 AED use
 Relief of Choking in Adults, Children and Infants
 Use of a Barrier Devices American Heart Association's BLS for Healthcare Providers The BLS for Healthcare Providers course is designed for Professional Rescuers. It includes instruction in adult and pediatric CPR (including two-rescuer scenarios and use of the bag-valve mask), foreign-body airway obstruction, and automated external defibrillation. This program is ideal for Lifeguards, EMS personnel, Hospital Personnel and other Healthcare Providers.