

Training Programs

Training Programs Save and Aid offers training programs that lead to nationally recognized certification by the American Heart Association or the National Safety Council. We train individuals and corporations in CPR, AED, and First Aid, and our programs meet state and board guidelines for Day Care Centers, Healthcare Providers, Lifeguards, Public Safety Personnel, and most other organizations and individuals needing safety training.

Our Training Programs include CPR, the use of an AED, and First Aid topics in any single unit or combination thereof. We also offer seminars, presentations and in-service sessions in Water Safety, or facility-specific emergency care topics. Please select from the menu the program you would like to learn more about.